

Quest

e-newsletter

Information, insight and inspiration for your quest

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CommuniQuest, Inc.
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This issue

Quest Hits the 'One Year' Mark:

- On the Quest ...
- Your View
- Year One in Review

On the Quest ...

Last June when I decided to produce a monthly publication, I had my reservations. After years of pen-wielding English teachers and employers butchering my writing, my confidence as a writer had been severely shaken. I had abandoned my dream of becoming a published author and allowed their criticism to turn something I once enjoyed into something I suffered through.

And suffer I did - through the first couple of months of writing the *Quest*. But thanks to my wonderful editorial committee and the encouragement of my mentor, *Quest* marks its one-year anniversary this month. In addition, I will be writing my first book this summer and I have six other books in the concept phase. I also found a writing partner. We talk once a week about our individual writing projects and help keep each other motivated.

Life can be ironic. Recently, I read an article profiling Ken Blanchard, Ph.D., consultant, speaker and author of numerous books including the bestseller, "*The One Minute Manager*." In the article, Ken shares a story about all of his professors telling him that he couldn't write. Fortunately for millions of readers, the naysayers were wrong.

The world is full of naysayers, critics and those who are so miserable that they will do or say anything to keep you from discovering your purpose and fulfilling your destiny. Caroline Myss in her book "*Sacred Contracts: Awakening Your Divine Potential*" outlines an interesting process for identifying and connecting with your purpose in life – your own, individual sacred contract.

**Are you embracing
your purpose in life or
running from it?**

Determining and staying true to one's purpose is something many of us grapple with. You must invest the right amount of time doing introspective work and remember that it's a process of self-discovery.

I think the key is to surround yourself with others who support you, and pray often ... it will give you the courage and wisdom you need to realize your destiny.

So what is the world waiting for you to do? What unique role have you been selected to carry out? Are you embracing your purpose or running from it? What's keeping you from fulfilling it? The answers will liberate you and provide a level of satisfaction like nothing else can.

For me, the *Quest* newsletter is a testimony of what God can do when you surrender to His will and seek His divine plan for your life. For years I doubted my ability as a writer. Today, I've never been more certain about my future as a writer. It's amazing the difference a year can make ... from uncertain to unstoppable.

Wishing you many successful quests,

Jennifer



Your View

Q Readers share their thoughts

Over the last year, many Q Readers have shared their reactions to the *Quest*. I always appreciate hearing from readers and hope to hear from even more in the future (e-mails to jbeavers@communiquest.com).

Below are some of the comments from readers during the first year of *Quest*.

innovative

I think *Quest* is innovative ... traditional business topics written in a fresh way. The publication is a quick read and the electronic format is easy to follow.

packed full of information

CONGRATULATIONS! on your newsletter. It is so packed full of information. Thanks.

hit home

I almost didn't take the time to open your newsletter and read it as I'm 'too busy.' But your article on slowing down did indeed hit home and was helpful.

excellent resource

Thank you for sending the CommuniQuest newsletter. It is well-written and full of useful information and I refer to this often. Again, thank you for an excellent resource.

relevant to doing business

I like the brief but thorough paragraphs on subject matter that is relevant to doing business.

words of wisdom

Thank you for the words of wisdom for the month!

inspired

I was quite impressed and inspired. It is a common sense newsletter with day-to-day application, yet spiritual concepts ... very practical reading.

forwarded to staff

Thanks for the newsletters. I have been keeping them in a file and have forwarded some of them to other staff members.

love made visible

Just got your newsletter. I heard that "work is love made visible." Your love really shines thru.

motivation

It is a wonderful resource. I save it for times when I need motivation. I came in (the office) this morning and read a few articles to get me motivated for the day(s) ahead.

wonderful and handy

Thanks so much for the wonderful newsletter ... it will come in handy with my new job.

great information and ideas

The *Quest* newsletter is great! You have a lot of really great information and ideas that I think I can personally benefit from.

outstanding

This newsletter is OUTSTANDING! I love how you can easily go back to previous months and read articles that you might have missed.

excited

I am excited when the newsletter arrives and I immediately send it to people I know.

right on time

This newsletter is right on time! Thanks for sharing.

well-written

Just wanted to drop you a quick note and tell you how much I enjoyed this newsletter ... very well-written and very good. I have passed it on to several other people.

thought provoking

Thanks for sharing – I found this to be very informative and thought provoking.

substantive and timely

The content of your newsletter is substantive and timely. Thank you for this information Jennifer.

Year One Of the Quest

My goal with every issue of *Quest* is to provide Q Readers with information, insight and inspiration for this journey called life. Information leads to knowledge. Insight challenges us to look deeper. Inspiration spurs us on.

The last 12 issues of *Quest* have covered a variety of topics including electronic books, mentors, entrepreneurship, handheld technology, networking, PowerPoint, home offices and travel. During the course of the year, such organizations as Black Career Woman (BCW), Enhanced Communication and the International Association of Administrative Professionals (IAAP) have reprinted *Quest* articles in their publications or distributed the *Quest* to their members. A special thanks to Linda Bates Parker the president and founder of BCW (www.bcw.org), Terri Mrosko the editor of *Enhanced Communication* and *The E-Communication Newsletter* (www.iwritesite.com), and Jennifer Stoff the IAAP Wings Chapter editor and publisher of *FLIGHT* (www.iaap-wings.org).

You can read and download previous *Quest* issues by visiting the CommuniQuest web site at http://www.communiquest.com/newsletter_archives/archive_main.cfm. Here's a snapshot of year one:

<p style="text-align: center;"><u>July 2001</u></p> <p style="text-align: center;">Reading: Finding Time</p> <ul style="list-style-type: none"> • Tips on finding time to read • Using technology ... E-books 	<p style="text-align: center;"><u>November 2001</u></p> <p style="text-align: center;">Thinking Strategically About Your Life</p> <ul style="list-style-type: none"> • Why some people adapt to change faster • Ten external factors you can't afford to ignore • The truth about your imagination
<p style="text-align: center;"><u>August 2001</u></p> <p style="text-align: center;">Building Support Systems (Part 1)</p> <ul style="list-style-type: none"> • Why having a support system is critical • Tips on selecting a coach • What you should know about working with an advisory board 	<p style="text-align: center;"><u>December 2001</u></p> <p style="text-align: center;">Slowing Down and Enjoying Life</p> <ul style="list-style-type: none"> • Enjoying life: Questions everyone should ask • Instantly boost energy and relieve stress • Keys to good health and optimum performance
<p style="text-align: center;"><u>September 2001</u></p> <p style="text-align: center;">Building Support Systems (Part 2)</p> <ul style="list-style-type: none"> • Brainpower: Unlocking masterminds • What you should know about working with a mentor • New strategies for staying connected in the global workplace 	<p style="text-align: center;"><u>January 2002</u></p> <p style="text-align: center;">Using Handheld Technology</p> <ul style="list-style-type: none"> • Surviving the electronic organizer revolution • Tailoring handheld use for your lifestyle • Protecting your handheld investment • Avoiding handheld mishaps
<p style="text-align: center;"><u>October 2001</u></p> <p style="text-align: center;">Entrepreneurship in Your Organization</p> <ul style="list-style-type: none"> • What executives are saying about entrepreneurship in the workplace • Test your organization's entrepreneurial performance • Use entrepreneurship without starting a business 	<p style="text-align: center;"><u>February 2002</u></p> <p style="text-align: center;">The Simple Truth About Networking</p> <ul style="list-style-type: none"> • What to know before your next networking event • How great conversations are started • The key to maximizing networking opportunities

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March 2002

Creating Effective PowerPoint Presentations

- Three things you should know before you use PowerPoint
- Design Dos and Don'ts: Look like a pro
- The one step that can save you from embarrassment

May 2002

Maintaining a Healthy Attitude

- What your attitude says about you
- The power of self-talk
- Personal journal: Getting started

April 2002

Working From Home: The Risks and Rewards

- Working from home: Is it right for you?
- Tips on setting up a functional home office
- Twelve strategies to prevent isolation

June 2002

Travel Tips: What to Know Before You Go

- New guidelines for air travelers
- Timesaving ideas for packing
- Tips on road travel



Jennifer is a professional speaker, author and president of CommuniQuest, Inc. Through her seminars and keynotes, she delivers fresh insight and proven techniques on how to work smarter and live a more satisfying life. For more information on her workplace strategies and inspirational programs, visit www.communiquest.com or call 1-888-866-0821.

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