

Quest

e-newsletter

Information, insight and inspiration for your quest

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Inspiration Through Quotes

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LIFE MANAGEMENT PRINCIPLES

On the Quest ...

Greetings Q Reader,

My fascination with quotations began at an early age listening to my grandmother say things like "You can catch more flies with sugar than vinegar," referring to the best way to treat people. And my father's "Never burn your bridges" is a constant reminder of the importance of maintaining good business and personal relationships -- throughout life.

There is something awe-inspiring about the right quotation at the right time. The results can sometimes be life altering. Through quotations, we can learn valuable life lessons and gain incredible insight. Consider just some of the benefits we can gain from the wisdom of others. Quotes can:

- Inspire excellence
- Open our minds to new ideas
- Reinforce our faith
- Lift our spirits
- Motivate those around us
- Encourage us to achieve our full potential
- Give us words to articulate our feelings and thoughts
- Generate hope
- Improve our attitudes
- Promote a healthy outlook on life
- Bring us joy
- Combat the negative forces we face daily
- Help us better understand ourselves and others
- Provide a glimpse into history and the lives of others
- Celebrate the human spirit

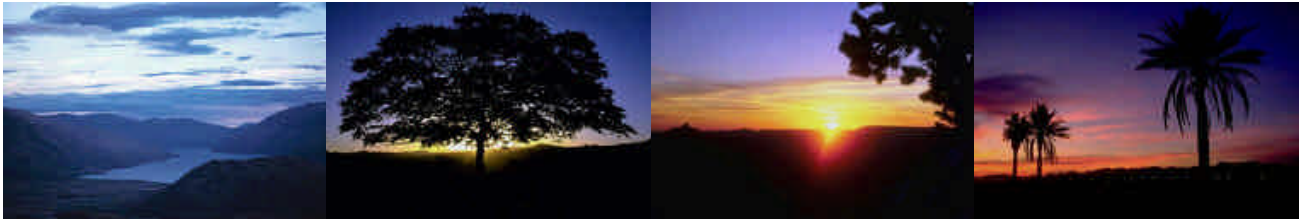
Over the years, I've collected numerous quotes from various sources including unexpected places like the ceiling of my dentist's office. And those who know me well are always sending quotes to add to my growing list. In this issue of *Quest*, I will share with you 50 of my favorite quotations. In addition, I will pass along some resources that can help you build your own list of inspirational quotes.

If you haven't caught the "quote bug" yet, let me be the first to pass it on. And if you already have the bug ... congratulations and pass the sugar!

Wishing you many successful quests,

Jennifer

P.S. Do you have a favorite quote? If so, I'd love to hear from you. Please e-mail me at jbeavers@communiquest.com.



Finding Inspiration Through the Words of Others

Fifty of my favorite quotes

It's no secret that I love quotations. I use quotes on my voice mail messages, web site and in all of my programs. And if you talk with me long enough, you're likely to hear me utter at least one.

My life has clearly been enriched by the wisdom of others through quotes. And since I've become somewhat a "quote-noisseur," I thought I would share with you 50 of my favorite quotes. Enjoy.



Once you know who you are, you don't have to worry anymore.

Nikki Giovanni

The world hungers for positive attitudes.

Anonymous

If the Creator had a purpose in equipping us with a neck, he surely meant us to stick it out.

Arthur Koestler

Life is half spent before one knows what it is.

French proverb

Faith is the very first thing you should pack in a hope chest.

Sarah Ban Breathnach

Motivation is what gets you started, habit is what keeps you going.

Jim Ryan

A smooth sea never made a skilled mariner.

English proverb

Prayer is not an old woman's idle amusement. Properly understood and applied, it is the most potent instrument of action.

Mahatma Gandhi

Life is difficult. This is a great truth, one of the greatest truths.

It is a great truth because once we truly see this truth, we transcend it.

M. Scott Peck

A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken.

James Dent

Such that I am, I am a precious gift.

Zora Neale Hurston

If at first you don't succeed--you are about average.

Anonymous

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Without courage, wisdom bears no fruit.

Baltasar Gracian

You must be the change you wish to see in the world.

Mahatma Gandhi

Diligence is the mother of good luck.

Ben Franklin

Although the world is very full of suffering, it is also full of the overcoming of it.

Helen Keller

We all walk in the dark and each of us must learn to turn on his or her own light.

Earl Nightingale

If you want to see the brave, look at those who can forgive.

Bhagavad-Gita

Even if you are on the right track, you will get run over if you just sit there.

Will Rogers

Your world cannot be at peace until you yourself are at peace.

Ralph Marston

The only people who never fail are those who never try.

Ilka Chase

There are two ways to spread light: to be the candle or the mirror that reflects it.

Edith Wharton

Overnight success usually takes about 15 years.

Unknown

Iforgive myself for having believed for so long that I was never good enough to have, get or be what I wanted.

Ceanne DeRohan

There is no shortcut to any place worth going.

Beverly Sills

Life is change. Growth is optional. Choose wisely.

Karen Kaiser Clark

The great use of life is to spend it on something that will outlast it.

William James

You may be only one person in the world, but you may also be the world to one person.

Unknown

We could learn a lot from crayons: some are sharp, some are pretty, some are dull, some have weird names, and all are different colors ... but they all have to learn to live in the same box.

Unknown

A truly happy person is one who can enjoy the scenery on a detour.

Unknown

If you stop to be kind, you must swerve often from your path.

Mary Webb, "Precious Bane" (1926)

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The price of greatness is responsibility.

Winston Churchill

Injustice anywhere is a threat to justice everywhere.

Martin Luther King, Jr.

Nothing pains some people more than having to think.

Martin Luther King, Jr.

And my God will meet all your needs according to his glorious riches in Christ Jesus.

Philippians 4:19 NIV

It's already alright.

Yolanda Adams

You cannot shake hands with a clenched fist.

Golda Meir

You may have to fight a battle more than once to win it.

Margaret Thatcher

The high destiny of the individual is to serve rather than to rule.

Albert Einstein

Excellence is to do a common thing in an uncommon way.

Booker T. Washington

When you affirm big, believe big, and pray big, big things happen.

Norman Vincent Peale

You can complain because roses have thorns, or you can rejoice because thorns have roses.

Tom Wilson

A misty morning does not signify a cloudy day.

Anonymous

Never let yesterday use up too much of today.

Will Rogers

If you can't change your fate, change your attitude.

Amy Tan

The reverse side also has a reverse side.

Japanese proverb

Don't spend time beating on a wall, hoping to transform it into a door.

Dr. Laura Schlessinger

Time invested in improving ourselves cuts down on time wasted in disapproving others.

Anonymous

Leap, and the net will appear.

Julie Cameron

You never find yourself until you face the truth.

Pearl Bailey

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Additional Resources



CreativeQuotations.com — Search for quotes and famous people born on your birthday, subscribe to a daily quote via e-mail, and find quotes by famous creative women.

CyberQuotations.com — Find inspirational quotations, motivational stories, and uplifting poems.

Maya Angelou's Life Mosaic at Hallmark Stores — Poet and author Maya Angelou shares a universal voice of hope and inspiration. Select from a variety of meaningful gifts that speak to the heart and nourish the spirit including framed sentiments, wind chimes, votive holders, journals and greeting cards.

Successories — Desk accessories, wall décor and other inspirational tools via catalog, retail locations and on the web at www.successories.com.

Books:

"14,000 Quips and Quotes" by E.C. McKenzie

"The Book of Positive Quotations" by John Cook

"The International Thesaurus of Quotations" by Eugene H. Ehrlich

"Life Application Study Bible" (New International Version – NIV), Tyndale House Publishers, Inc.

"Open Your Mind, Open Your Life: A Little Book of Eastern Wisdom" by Taro Gold

"The Women's Book of Positive Quotations" by Leslie Ann Gibson



Jennifer is a professional speaker, author and president of CommuniQuest, Inc. Through her seminars and keynotes, she delivers fresh insight and proven techniques on how to work smarter and live a more satisfying life. For more information on her workplace strategies and inspirational programs, visit www.communiquest.com or call 1-888-866-0821.

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